

A self-managed group is a group of specialists who work together and provide eConsults through the Specific Provider or Group (Direct to Specialist) model.

Glomerulonephritis and Pregnancy

- This is a self-managed group based out of Kingston Health Sciences Centre. Select the “Specific Provider or Group” option when sending a consult, and search for this group in the text box.
- A group of specialists who provide comprehensive assessment of patients with known or suspected primary and secondary forms of glomerulonephritis. They also provide comprehensive obstetric nephrology care including pre conception counselling and optimisation, pregnancy and post partum care.
- Current members: Dr. Sarah Moran and Dr. Jocelyn Garland.

South East Heart Rhythm Service

- **This is a self-managed group based out of Kingston Health Sciences Centre.** Select the “Specific Provider or Group” option when sending a consult, and search for this group in the text box.
- The South East Heart Rhythm Service is a group of specialists led by Dr. Damian Redfearn. The practice provides opinion on management of syncope, cardiac arrhythmia and sudden cardiac death. The group includes interventional and non-interventional electrophysiologists (EPs) providing procedural based care for many arrhythmia patients. In addition, the group supervise the cardiac rhythm device clinic, a primarily nurse led service that cares for patients with implantable cardiac devices.

Common questions that can be answered using the eConsult service:

- Should this patient be on oral anticoagulation?
- This Holter is abnormal, what are the next steps?
- The ECG was reported as having a long QT, should I stop medication?
- My patient had a syncopal spell, when should I worry, what are appropriate investigations?

South East Orthopedic Service for KHSC Fracture Clinic

- **This is a self-managed group based out of Kingston Health Sciences Centre.** Select the “Specific Provider or Group” option when sending a consult, and search for this group in the text box.
- The South East Orthopedic Service for KHSC Fracture Clinic is a team of specialists led by Dr. Aaron Campbell. Frequently, Orthopedic problems are of a non life threatening nature and can be managed non-operatively. By providing a route for discussion and education e-consult can enable the consulting physician to enact treatment without having the patient wait to see an orthopedic surgeon. Even if in person consultation is eventually required, e-consult helps to ensure the patient is being seen at the most opportune time with conservative treatment trialed, appropriate investigations done, and extensive low impact test avoided. eConsult can be very helpful in scenarios such as:
 - Education on treatment of strains and sprains
 - Advice regarding treatment of an injury in frail or elderly patients for whom travel to clinic is difficult
 - Timing of Fracture follow up and weight bearing status.
 - Assessment of adequate fracture reduction
 - Access to a particular Orthopedic subspecialty
 - Determining if a musculoskeletal problem is amenable to surgery.