

South East Region Self-Managed Groups



A self-managed group is a group of specialists who work together and provide eConsults through the Specific Provider or Group (Direct to Specialist) model.

Substance Treatment And Rehabilitation Team (START)

- This is a self-managed group based out of Kingston Health Sciences Centre. Select the "Specific Provider or Group" option when sending a consult, and search for this group in the text box.
- START provides assessment and advice to physicians caring for patients with Substance Use Disorders (SUD). The team is comprised of three family physicians and a psychiatrist with additional expertise in Addiction Medicine who work in a variety of settings, including community opioid agonist clinics, emergency departments, family practice obstetrics, and primary care.
- Current members: Dr. Adam Newman, Dr. Louise Good, Dr. Taras Reshetukha and Dr. Irene Zouros

Glomerulonephritis and Pregnancy

- This is a self-managed group based out of Kingston Health Sciences Centre. Select the "Specific Provider or Group" option when sending a consult, and search for this group in the text box.
- A group of specialists who provide comprehensive assessment of patients with known or suspected primary and secondary forms of glomerulonephritis. They also provide comprehensive obstetric nephrology care including pre-conception counselling and optimisation, pregnancy and post partum care.
- Current members: Dr. Sarah Moran and Dr. Jocelyn Garland

South East Heart Rhythm Service

- This is a self-managed group based out of Kingston Health Sciences Centre. Select the "Specific Provider or Group" option when sending a consult, and search for this group in the text box.
- A group of interventional and non-interventional electrophysiologists (EPs) providing procedural based care for many arrhythmia patients. In addition, the group supervises the cardiac rhythm device clinic, a primarily nurse led service that cares for patients with implantable cardiac devices.
- Common questions that can be answered using the eConsult service:
 - o Should this patient be on oral anticoagulation?
 - o This Holter reading is abnormal, what are the next steps?
 - o The ECG was reported as having a long QT, should I stop medication?
 - o My patient had a syncopal spell, when should I be concerned and take action, what are appropriate investigations?