# TERMS OF REFERENCE PHYSICIAN WELLNESS ADVISORY COMMITTEE

SEAMO / Faculty Health Sciences / Kingston Health Sciences / Providence Care Hospital

### **BACKGROUND:**

Physician wellness has been identified by physicians, SEAMO, Faculty of Health Sciences, Kingston Health Sciences Centre and Providence Care Hospital as a priority to ensure that there are proactive and reactive approaches to managing and supporting physician wellness, burnout and promoting a healthy work life integration.

## **PURPOSE & RESPONSIBILITIES:**

The Physician Wellness Committee will have representation from SEAMO, Faculty of Health Sciences and Kingston Health Sciences Centre and Providence Care Hospital, that includes both physicians and staff, to identify and make recommendations relating to advancing the overall culture and wellbeing of Physicians.

Following the Canadian Medical Associations (CMA) guiding principles for systems and organizations "Commitment to developing and promoting occupational and system supports" the committee will provide guidance on the following:

- Providing guidance to SEAMO, Queen's FHS & the hospitals for practical opportunities to enhance culture and wellbeing and prevent burnout among physicians.
- Develop a yearly "Work Plan" on objectives, deliverables and accountabilities.
- Educate Leaders in developing the necessary knowledge and skills to identify, encourage well-being and professional fulfillment in their members
- Creating a supportive and safe environment and identifying barriers to physician healthy work place
- Promoting physician self-care and wellness
- Identifying and providing Resources that are available (Internal and External) for physicians

### **MEMBERSHIP:**

The membership with consist of one (1) representative from each of the sixteen (16) Clinical Departments. The selection will be determined by the respective Department Heads.

#### **Ex-Officio members:**

- Chief of Staff/VP Medical Affairs, KHSC
- Chief of Medical & Academic Affairs, KHSC
- Director, Medical Administration, PC
- Director, Resident Affairs, Queen's
- Director, Student Affairs, Queen's
- Representative from SEAMO Administration

# CHAIR:

The Chair will be selected by the Hospitals' Medical Leadership and Dean of Faculty of Health Sciences/CEO SEAMO

# **COMMITTEE SUPPORT:**

Each respective organization will provide administration support to meet the deliverables of this committee.

# **FREQUENCY OF MEETINGS:**

Meetings will be held monthly or at the discretion of the Chair.

# **QUORUM:**

Greater than 40%

The Chair is included in the quorum count

# **REPORTING:**

The committee will provide recommendations and guidance to the following respective organizations/committees:

- KHSC & PCH Medical Advisory Committees
- KHSC Executive & PCH Executive
- SEAMO
- Faculty of Health Sciences

# **DECISION MAKING:**

General decisions are reached by consensus of the membership present. Decisions supported by motions require that quorum of the voting members is in attendance. The Chair is a non-voting position but will cast the deciding vote in the event of a tie.